

PDHonline Course C759 (3 PDH)

## SCROB: Pennsylvania's First Green Building

Instructor: Jeffrey Syken

2020

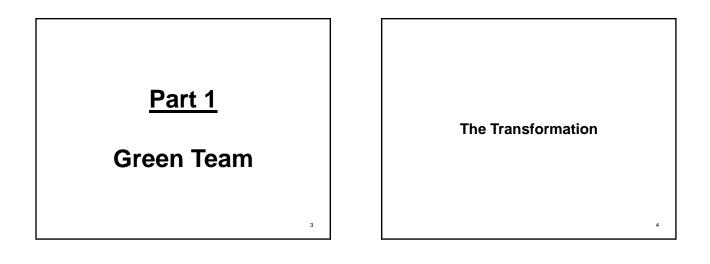
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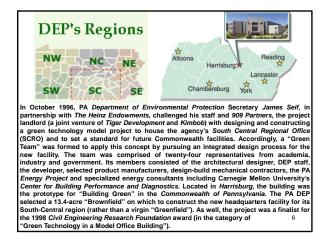
	<u>Ta</u>	ble of Contents	
<u>Slide/s</u>	<u>Part</u>	Description	
1	N/A	Title	
2	N/A	Table of Contents	
3~38	1	Green Team	
39~60	2	Lessons Learned	



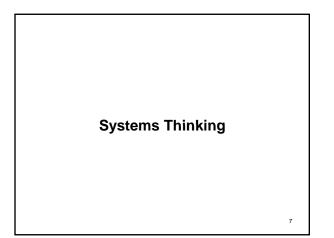
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"The Commonwealth of Pennsylvania, spearheaded by the Governor's Green Government Council and the Pennsylvania Department of Environmental Protection (DEP), is transforming the way the way its facilities are conceptualized, designed and constructed. Sustainable, high-performance design is integrated in guidelines, specifications, performance standards, lease documents and building operations..."

RE: excerpt from: "Pennsylvania as a National Model for Sustainable Building Practices" (presented in a report to the "Sustainable Building 2000" conference held October 22-25, 2000 at *Maastricht, The Netherlands*)



8



...The initial pursuit of sustainable design recognized four primary objectives within an integrated process or 'systems thinking' approach that differs from the traditional 'linear' process of designing and building disciplines. The integrated process began with these four guiding principles:

Utilization of appropriate high-performance technology to significantly reduce energy consumption and operational costs;

Maximize the use of sustainable materials throughout the project;

Minimize negative impacts on interior air quality, and;

Improve health, motivation and productivity of building users through the creation of an improved, highly flexible environment

....DEP achieved the four primary objectives for the South Central Regional Office Building by perceiving them as inextricably interrelated issues and as part of the integrated design process that produced a synthesis of all building components..

RE: excerpt from: "Pennsylvania as a National Model for Sustainable Building Practices" (October 2000)

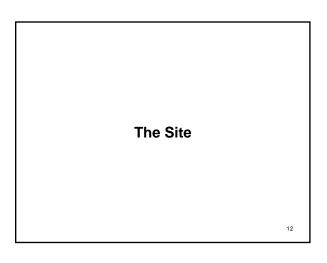
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"... The South Central Regional Office Building design process included site issues of Brownfield utilization, sustainability, improved energy efficiency, sustainable materials and resource conservation, enhanced indoor air quality and reduced water consumption. The outcomes of the design and process considerations resulted in a coordinated and planned application of various categories of technology for sustainable de velopment...'

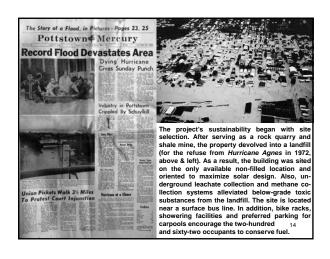
RE: excerpt from: "Pennsylvania as a National Model for Sustainable Build- 9 ing Practices" (October 2000)

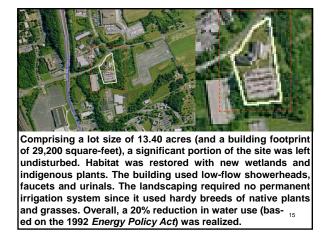
SCROB was/is a privately owned, 73,101 square-foot, three-story office building leased by the Commonwealth of Pennsylvania for the PA DEP (the building was sold in 2013, but the DEP remained as tenant under a long-term lease). In many respects, the creation of this building – the first "green" building in the state – was/is remarkable. Perhaps most noteworthy is the extent to which the state government has gone to make this building a learning tool since its completion in the spring of 1998. The integrated planning and design process used in creating the building - a process that became the model for how the Commonwealth intended to do business henceforth (according to Jim Toothaker. Director of Office Systems and Services for the PA DEP). The twenty-four member "Green Team" participated in the design process. One of these Green Team members was energy expert Stephen Lee (AIA) of Carnegie Mellon University, whose day-lighting and energy modeling helped generate a design in which annual energy costs were dropped from \$1.54 per square foot (for the base-case building) to \$0.74 per square-foot, realizing a projected annual energy savings of \$50K (as compared with a base-case building modeled on the standard state office building specifications, at the time). 10

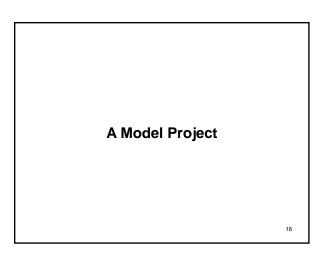
- The project's Green Team had four primary objectives: to utilize appropriate high-performance technology for significantly reducing energy consumption and operational costs; to maximize the use of sustainable materials throughout the project;
- to minimize negative impacts on interior air quality, and;
   to improve health, motivation and productivity of building users through the
- creation of an improved, highly flexible environment Some green features of SCROB include:
- thirteen-acre Brownfield site requiring remediation, methane recovery, leachate collection and methane barrier;
- energy-efficient building envelope, including argon-filled, low-e windows; raised access floors used for conditioned air distribution;
- highly reflective ceiling tiles, coupled with light shelves for daylight penetration and high-efficiency indirect lighting;
- gas-fired absorption chillers; removable carpet tiles;
- recycled-content workstation fabric and natural-fiber upholstery fabric; occupancy-sensing power strips and lighting controls;
- recycled-content entry floor tiles (from window glass) and wall panels (from straw and Environ):
- indigenous landscaping and "Xeriscaping" (planned by a committee employees)

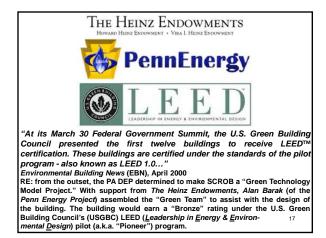


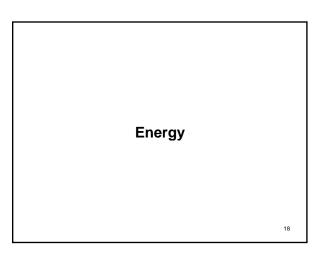














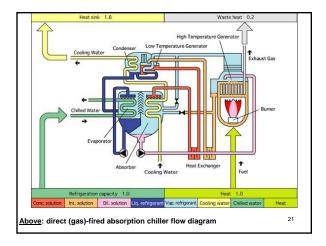
longer manufactured in the U.S. Gas-fired chillers were able to overcome their higher first-cost (as compared to electric chillers, at right) because gas-fired systems produce lower electrical demands. However, the steady increase in efficiency of electric chillers has narrowed the operating cost differential with gas chillers. Even with the decline in gas prices since the peak (in 2008), gas-fired chillers have not seen a resurgence in sales. Most probably, new gas-fired chiller installations will be relegated to niche applications, such as where alternative energy sources are available (i.e. landfill gas). Another niche market is where waste heat is available, such as from an industrial process, that could be used 19 with a hybrid direct/indirect-fired absorption chiller to offset the cost of natural gas.

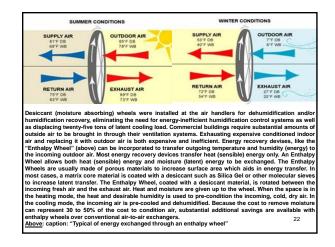
Comparison of Absorption Chillers vs. Electric (Compression) Chillers: absorption chillers have a COP (Coefficient of Performance) of only 0.54–1.1 which competes poorly with lectric chillers (rotary compressor chillers). On the other hand, electric chillers have a COP from 1.0 3.0:

Dut; absorption HVAC chillers occupy approximately 50% more floor area than the equivalent electric chillers vapor compression chillers). Additionally, due to height of absorption chillers, mechanical equipmen oroms must be six to ten-feet higher than rooms housing electric chillers. As well, because the liquit solution is contained in long, shallow trays within an absorption chiller, the floor must be as close to because the contained or as actilus or as a close to because the liquit. bsolutely level as possible:

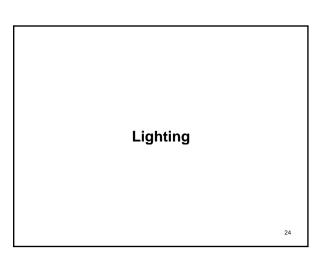
· for an HVAC system, an absorption chiller will weigh at least twice as much as an equivalent electric chiller

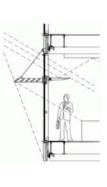
chiller; - due to their greater size, absorption chillers are sometimes shipped in several sections, requiring field welding for final assembly. This is not the case with comparable electric chillers; - most electric water chillers are shipped from the factory with their refrigerant charge installed. For absorption chillers, the refrigerant and absorbent (including additives) must be field installed; - absorption chillers (unless direct-fired) are quiet and essentially vibration-free (as compared to electric chillers). Noise and vibrations in an HVAC system are considered more disturbing than anything else; - due to the potential for crystallization of the lithium bromide in the chiller (if it becomes too cool), the condenser water temperature must be kept above 75-degrees (F). There is no problem of crystallization in electric chillers;





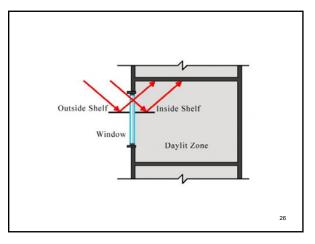


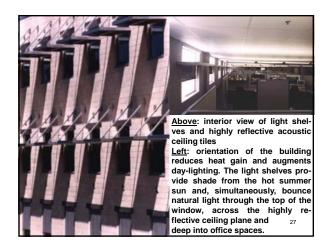


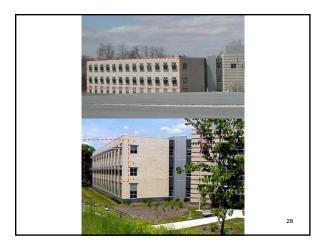


T-8 fluorescent lamps with electronic ballasts and motion sensors in conference rooms, toilet rooms and all workstations helped reduce electrical power consumption. Careful attention to the building's solar orientation helped reduced heat gain and augmented natural illumination of interior spaces. This was further enhanced by a combination of solar shades and south facing "light shelves" (left) which shade summer sun and bounce natural light across the ceiling plane much deeper into open office spaces. High-reflectance (90%) ceiling tiles (10% more reflective than conventional ceiling tiles) enhanced indirect illumination and natural daylighting from the light shelves, while providing improved acoustical qualities through greater sound absorption and attenuation properties.

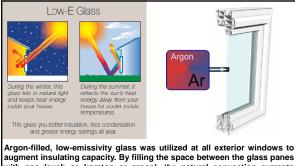
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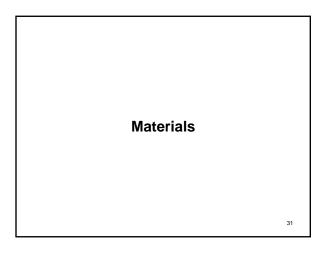




Annual Pu	rchased Energy U	se				
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Fars/Pumps	144,00	a kwin	490	6.71		
Plug Londs a	nd Equipment 249,001	s kwin	850	11.6		
Vertical Tran	nport					
Domestic Ho	t Water					
Other						29



augment insulating capacity. By filling the space between the glass panes with gas (such as krypton or argon), the natural convection currents generated within the space are minimized. Thus, the overall transfer of heat between the interior and exterior is significantly reduced. The union of gas and glass combine to block harmful ultraviolet sunlight and heat transfer; major causes of high-energy costs, faded flooring and condensation buildup.





The Green Team focused on maximizing th use of high-performance sustainable build-ing materials for SCROB. Selection criteria was based on recycled content and/or the recyclability of the material itself. In the case of virgin materials, the product's re newability (as a recoverable resource) was considered. However, global concerns were also considered in terms of limiting the environmental impact of the materials' pro-duction process and/or transportation re-quirements (38% of all material/s were man-ufactured within five-hundred miles of the site). Many green materials were integrated into the building's lobby design (left). As a result, the building itself became a living example of high-performance, green build ing technology. Fully 25% of all materials used in the project contain a significan amount of recycled content. SCROB has a centralized storage area (in the basement) for recyclable materials based on type. Left: recycled-content tile flooring in the main entry hall 32

Several innovative green building products used in the SCROB project included: modular system partitions made from 100% post-consumer recycled PET soda bottles;

recycled-content and recyclable chair fabric;

recycled structural steel:

Mechanically fastened, single-ply TPO white roofing membrane (minimizing solvent-based adhesives and solar heat gain);

solvent-free, water-based, non-VOC-emitting paint;

window blinds that offer both solar protection and/or natural light;

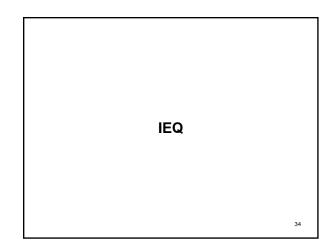
acrylic concrete sealer;

recycled asphalt, and:

mulch made from 100% recycled construction material

Construction materials and furniture components emphasized sus tainable sources such as wheat straw, soybean, cork, wood, recycled glass and steel. The carpeting is 100% recyclable and manufactured with anti-microbials that destroy Volatile Organic Compounds (VOCs)

33



SCROB's Green Team scrutinized the Indoor Environmental Quality (IEQ) of the project carefully. According to extensive studies, improvements in lighting, thermal comfort, acoustics and Indoor Air Quality (IAQ) can provide measurable increases in employee satisfaction and productivity. In fact, just a 2% increase in worker productivity will amortize the additional costs of green building technology within the first year of occupancy. As such, the Green Team focused on integrating IEQ issues, such as: higher ceilings;

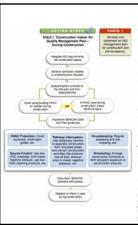
quality glare-free lighting;

individual temperature control;

maximization of natural illumination; minimization of VOCs, and;

high level of flexibility (i.e. office space reconfiguration)

All of these played a key role in project decision making. To ensure high levels of IAQ, a housekeeping and maintenance plan was adopted to utilize non-toxic chemicals and/or cleaning solutions. Also, a construction IAQ management plan was implemented. Low-VOC paints, coatings, sealants and adhesives were specified and an air monitoring system constantly measures CO2, temperature and humidity level/s within the building.



"Managing indoor air guality (IAQ) systematically during construction is becoming more and more common as contractors gain more experience with LEED. It benefits the health of everyone who works on the site, not just the eventua occupants of the building. Earning this credit can be fairly easy, but it does require careful coordination and buy-in from all the subcontractors and field personnel in volved in the project. It's important to remember that IAQ management is not a one-time compliance event that can be checked off a list - it must be an ongoing effort for the duration of the construction process. The contractor should create the . IAQ management plan before construction even begins, and check on compliance a various times throughout the process including collecting photos for credit docu mentation

USGBC LEED Program Left: flow diagram for achieving IAQ credit under LEED NC-v.2.2 EQc3.1 (Construction 36 IAQ Management Plan – During Construction)

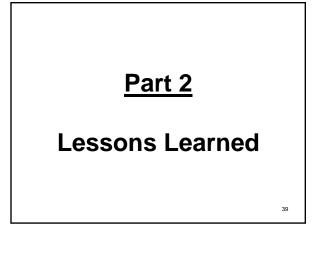


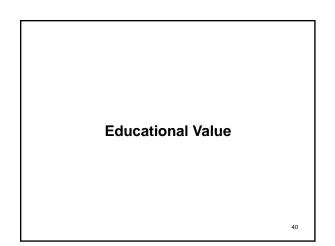
The SCROB project's high IEQ is demonstrated by the performance of the floor diffusers, which provide 100% stack ventilation efficiency; a significant factor in reducing the potential for Sick Building Syndrome (SBS) due to airborne contaminants. As well, the raised-floor air plenum reduced ceiling cavity depth by eliminating duct/piping conflicts with strinating duct/piping conflicts with strdecarance to the underside of the suspended acoustical ceiling (typical throughout the office spaces). Left T&B: mock-up of an access floor with under-floor air plenum. Raised access floors also reduce the cost of reconfiguring office space (a.k. "Churn") by up to 90% (in the U.S., about 30% of office space is reconfigured annually. The photography demonstrate a section of the access floor, complete with electrical outlets and ventilation. 37

"...The incorporation of integrated design, inclusion of academic resources (The Center for Building Performance and Diagnostics in the School of Architecture at Carnegie Mellon University) and teaming with manufacturers, contractors, material suppliers and building owners and occupants resulted in innovative and groundbreaking creative concepts in state government functions. The South Central Regional Office Building was occupied in May 1998. The actual hard construction costs, excluding site costs, totaled just over \$78 per square foot. The energy costs are expected to exceed ASHRAE 90.1-1989 by 20%. Also, the building is one of the first twelve ever to earn the United States Green Building Council's LEED certification for sustainable design and construction..."

RE: excerpt from: "Pennsylvania as a National Model for Sustainable Building Practices" (October 2000)

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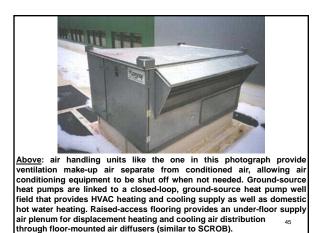


"...The commonwealth's first green building introduced integrated sustainable design and high-performance technology to Commonwealth projects. There were successes and also lessons learned. In future design and construction projects Green Team consultants will be more closely involved in the decision-making process and systems detail associated with the construction of a high-performance building. Additional active involvement will assure that chillers are optionally sized, and HVAC systems will avoid operation and maintenance problems adversely impacting the building population. Criteria associated with the thermal envelope, indoor air quality and building performance will be emphasized. Permanent energy and air quality monitoring systems have been installed to analyze the interactions between comfort, air quality, energy use and HVAC operations. One of the greatest benefits to come from South Central Regional Office Building is its educational value ... " RE: excerpt from: "Pennsylvania as a National Model for Sustainable Building Practices" (October 2000)

Actual performance of SCROB (after it was occupied in May 1998) did, however, not live up to expectations. The engineer was concerned about sizing the chiller too tightly to the projected load and, since absorption chillers are only available in limited sizes, ended up specifying one twice as large as was necessary. This caused inefficiencies in operation (absorption chillers are particularly sensitive to performance losses from frequent on-off cycling) and freezing of the salts. Only cavity-fill insulation was used in the steel-framed exterior walls, resulting in thermal bridging and lower performance and the light-shelves were not modeled properly, which led to glare problems from direct sunlight reaching workstations The required retrofit resulted in a less-than-optimal solution to the problem. While many of these shortcomings were addressed by building management, they were indicative of a sub-optimal process in which the Green Team provided direction to the design-build firm but was not involved closely enough during implementation of those ideas. For its next building, the PA DEP persisted in recommending a sustainable design approach and SCROB architect John Boecker and energy consultant Marcus Sheffer got another opportunity to "get it right." 42



For the design of the 36K square-foot Cambria Office Building in Ebensburgh, Pennsylvania, the entire team worked together much more closely than they did for SCROB. However, even with everyone in the same room old habits die-hard and there was a tendency for discussions to become fragmented. According to architect John Boecker, this fragmentation was evident during one particular meeting concerning locating mechanical systems (which consist of ground-source heat pumps and under-floor air distribution). One group was struggling with locating duct runs to/from the proposed penthouse air-handling systems while others were working on other issues with the system. Both Boecker and energy consultant *Marcus Sheffer* realized that the process had broken down, so they asked the mechanical engineer directly where the optimal location for the air handlers should be. Momentarily shocked at being asked such a question by the architect, mechanical engineer John Manning proposed that they be on the first floor, with one in each wing. The Green Team then studied this idea long enough to overcome the conventional wisdom that first-floor space is too valuable for air handlers discovering that they could enlarge the floor plate slightly to acc ommodate them with a net savings of \$40K in construction costs. This solution not only greatly increased air distribution efficiency but also improved the day-lighting design, which had been hampered by the penthouse.



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When the architect first proposed an upgrade to triple-glazed, double "Low-E" windows (manufactured by *Visionwall*), the developer balked at the \$15K cost increase. However, he was won over when it was demonstrated that this upgrade allowed elimination of the perimeter heating zone for a savings of \$15K, downsizing of the heat pumps for another \$10K savings and a \$5K gain in leasable space due to the smaller equipment and ducts. Left: fenestration dynamics

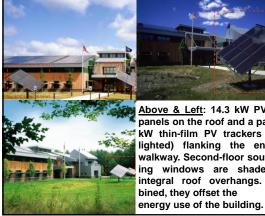
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"...This high-performance building is designed with a 14 KW photovoltaic array (the second largest in Pennsylvania), under floor supply air plenum distribution and coupled with a ground-source heat pump supply (this may be the first project nationwide to integrate these systems). PowerDOE modeling indicates annual energy consumption will be under 25,000 BTU/sq. ft., or 45% better than ASHRAE standard 90.1. Ebensburg is highly energy efficient with lighting power density of 0.7 watts per sq. ft. per ton..."

RE: excerpt from: "Pennsylvania as a National Model for Sustainable Building Practices" (October 2000)

47

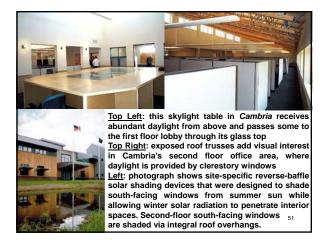




Above & Left: 14.3 kW PV solar panels on the roof and a pair of 1 kW thin-film PV trackers (highlighted) flanking the entrance walkway. Second-floor south-facing windows are shaded via integral roof overhangs. Com-



Cambria's site selection, bu placement, and parking layouts building outs were ntegrated with existing site con ditions in order to eliminate negativ impacts on existing wetlands and to minimize the removal of existing trees. The parking areas utilize grass trees. The parking areas utilize grass planting pervious parking surfacing in order to minimize storm-water runoff (impervious paving was limited to circulation aisles). Exterior lighting design reduces light pollution. Re-quired clearing of existing vegetation was limited to a maximum of 25-feet from the building perimeter. The buil-ding is oriented along an east-west avis in order to maximize south and axis in order to maxin ize south and north solar exposure/s. High-albedo roofing materials and strategic plant ing of deciduous trees help reduce "heat island" effects. A significan bortion of the site was left un disturbed. Indigenous plantings and other measures resulted in no net increase in the rate of storm-water leaving the site. Left T&B: rooftop PV panels 50



"Almost everything we did at Cambria is at a higher level." John Boecker, Architect

RE: since it was occupied in September 2000, DEP-Cambria began using energy at the very low rate of 62,300 kWh per year, or less than \$0.18/ft2 -exclusive of any contribution from the PV system (trackers and roof panels). This performance is about 90% better than a typical base-case The 14.3kW-PV system offsets by about 30% the annual electrical energy cost of the building. The facility's electricity supplier; Green Mountain Energy (GME), buys all of the output from the PV system (at a premium rate since solar power is a small but critical part of its green electricity mix) thus technically, none is used by the facility itself. The DEP, in turn, buys its electricity from GME, which includes PV-generated power from this and other facilities in its mix of suppliers. Even though, contractually, the PV system's output is delivered to GME and other power is purchased, DEP does not pay distribution fees on this power (in Pennsylvania's deregulated market, users pay for distribution separately from supply). Taken together, the revenue from electricity sales and the avoided distribution charges add up to +\$8K per year (at initial occupancy in the fall of 2000). Ultimately, energy consumption of only 22.340 BTU/SF per year was achieved, equating to 66% energy savings (or \$25K annually).

	Typical <sup>(1)</sup>	SCROB modeled	Cambria modeled	Cambri actual <sup>(2</sup>
TOTAL ENERGY (site)				
Btu/ft <sup>2</sup>	87,400	83,700	23,500	6,162
MJ/m <sup>2</sup>	993	951	274	70
ELECTRICITY				
kWh/ft <sup>2</sup>	14.20	14.88	6.05	1.80
kWh/m <sup>2</sup>	152.69	160.00	65.00	19.35
NATURAL GAS				
Btu/ft2	35,000	33.088	1.232	0
MJ/m <sup>2</sup>	398	376	14	0
COST				
\$/#2	\$1.71	\$1,18	\$0.54	\$0,18
\$/m <sup>2</sup>	\$18.39	\$12.69	\$5.81	\$1.94
1. Based on Energy Inf		istration data fo	r Commercial O	ffice Buildin
<ol> <li>Annual projections (November 2000) about 50% of desi</li> </ol>	based on utili hrough March	2001)-low de		

The impact and source of building materials used for the project were given special consideration:

74% of building materials contain high-recycled content;

25% were manufactured locally (i.e. locally harvested hemlock wood siding was selected)

• insulated concrete forms eliminated thermal bridging in the exterior walls (a serious problem at SCROB), and;

material selection criteria resulted in specifying +30% of building materials be manufactured within three-hundred miles of the project site (Ebensburg, PA)

Cambria's construction cost came in at \$88/SF (with an additional \$10/SF for site-work). The project demonstrated the value and power of material modeling software (used for materials life-cycle cost analysis comparisons – a.k.a. "LCA"). The Building would become the first LEED NC v2.0 Gold project certified in the *United Stat*es (the original goal of the project was a Silver LEED-NC rating). As well, in 2000 the *American Institute* of *Architects* (AIA) selected the Ebensburg/Cambria project as one of their "Earth Day Top Ten" (examples of viable architectural design solutions that protect and enhance the environment). It was selected as one of five U.S. buildings to participate in the "2000 Green Building Challenge" (in *Maastricht, The Netherlands*) and one of the U.S. Department of Energy's (USDOE) "Buildings for the 21st Century."



<u>Above</u>: the extremely economical "push-rod" automatic faucet controls (highlighted) reduced water consumption by over 40% and minimized piping redundancies by mixing hot and cold water into single pipe supply lines. Thus, a single automatic mixing valve (for a gang of lavatories) allowed just a single supply line to each, saving on installation and maintenance expense. Water conservation measures for the one-hundred and twenty-five building occupants also included the use of waterless urinals. Some green products used at *Cambria* included: • permanent concrete forms (recycled-content, formaldehyde-free cellulose insulation was utilized where EPS concrete forms were not used); • recycled-content structural high-density fiberboard panels; • recycled-rubber flooring; • zero-VOC Interior paints; • wheat-board and another bio-fiber hardboard were used for wainscoting; • recycled structural stel; • recycled structural teel; • recycled stel roofing shingles; • high-density fiberboard roof decking (made from waste paper); • fily-ash concrete access flooring panels (Integrated with high-density, solution-dyed, recyclable nylon carpet tiles); • systems furniture partitions fabric was made from 100% post-consumer recycled plastic (also 100% recyclable); • flooring tiles were comprised of 100% recycled rubber; • engineered, acrylic-impregnated hardwood flooring only 3/8 in. thick. (consisting of maple harvested from certified (FSC) sustainable forests); • toilet partitions and exterior light shelves were made from 50% recycled polypropylene plastic; • the acrylic concrete sealer used is one of only a few available products that is nonpetrochemical based. Utilizing this product eliminates off-gassing in the under-floor supply

air pienum; + TJI floor-joists and exposed open-web roof trusses were fabricated utilizing waste wood products, low energy consumption, minimal waste production and recycled steel pipe webbina. and:

webung, and, + high-reflectivity (90%) ceiling tiles (consisting of 75% post-consumer recycled 56 material)

Preferred carpool parking, a bicycle rack and shower facilities for employees encourage alternative transportation programs and physical fitness activities while a natural-gas fueling facility services alternative-fuel maintenance vehicles. The building is also located near a bus line. A centralized storage area for materials separation and recycling was provided and the design of building and materials systems utilized modular dimensioning in order to minimize construction waste. A *Construction Waste Management Plan* monitored recycling of cardboard, metals, concrete, wood, masonry, plastic, glass, gypsum board, insulation, beverage containers, carpet and other materials during construction.

57

