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# An Introduction to Noise Control in Buildings (Live Webinar)

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## AN INTRODUCTION TO NOISE CONTROL IN BUILDINGS

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## 1. INTRODUCTION

This course is an introduction to the fundamentals of acoustics and their application in building design and urban development. It is intended to introduce engineers, architects and construction professionals to the terminology, concepts and methods that can be applied to real projects.

## 2. FUNDAMENTALS OF ACOUSTICS

#### 2.1 SCOPE

2.1.1 This discussion presents the basic quantities used to describe acoustical properties. For the purposes of the material contained in this document perceptible acoustical sensations can be generally classified into two broad categories, these are:

**Sound.** A disturbance in an elastic medium resulting in an audible sensation. Noise is by definition "unwanted sound".

*Vibration.* A disturbance in a solid elastic medium which may produce a detectable motion.

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**2.1.2** Although this differentiation is useful in presenting acoustical concepts, in reality sound and vibration are often interrelated. That is, sound is often the result of acoustical energy radiation from vibrating structures and, sound can force structures to vibrate. Acoustical energy can be completely characterized by the simultaneous determination of three qualities. These are:

*Level or Magnitude.* This is a measure of the intensity of the acoustical energy.

*Frequency or Spectral Content.* This is a description of an acoustical energy with respect to frequency composition.

*Time or Temporal Variations.* This is a description of how the acoustical energy varies with respect to time.

2.1.3 The subsequent material in this chapter defines the measurement parameters for each of these qualities that are used to evaluate sound and vibration.

#### 2.2 DECIBELS

The basic unit of level in acoustics is the "decibel" (abbreviated dB). In acoustics, the term "level" is used to designated that the quantity is referred to some reference value, which is either stated or implied.

2.2.1 Definition and use. The decibel (dB), as used in acoustics, is a unit expressing the ratio of two quantities that are proportional to power. The decibel level is equal to 10 times the common logarithm of the power ratio; or

(eg 2-1)

 $dB = 10 (log P_1/P_2)$ 

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In this equation P<sub>1</sub> is the absolute value of the power under evaluation and P<sub>2</sub> is an absolute value of a power reference quantity with the same units. If the power P<sub>2</sub> is the accepted standard reference value, the decibels are standardized to that reference value. In acoustics, the decibel is used to quantify sound porcess, the sound transmission loss through a wall, and in other uses, such as simply "a noise reduction of 15 dB" (a reduction relative to the original sound level condition). Decibels are always related to logarithms to the base 10, so the notation 10 is usually omitted. It is important to realize that the decibel is in reality a dimensionless quantity (somewhat analogous to "percent"). Therefore when using decibel levels, reference level. It is also instructive to note that the decibel level is primarily determined by the magnitude of the absolute value of the power level. That is, if the magnitude of two different power levels differ by 20 dB.

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2.2.2 Decibel addition. In many cases cumulative effects of multiple acoustical sources have to be evaluated. In this case the individual sound levels should be summed. Decibel levels are added logarithmically and not algebraically. For example, 70 dB plus 70 dB does not equal 140 dB, but only 73 dB. A very simple, but usually adequate, schedule for obtaining the sum of two decibel values is:

When two decibel values differ by	Add the following amount to the higher value
0 or 1 dB	3 dB
2 or 3 dB	2 dB
4 to 9 dB	1 dB
10 dB or more	0 dB



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where n is the number of sources, all with magnitude Lp.

2.2.3 Decibel subtraction. In some case it is necessary to subtract decibel levels. For example if the cumulative level of several sources is known, what would the cumulative level be if one of the sources were reduced? Decibel subtraction is given by equation 2-4.

$$L_{diff} = 10 \log \begin{bmatrix} L_{p1} & L_{p2} \\ 10^{\overline{10}} & -10^{\overline{10}} \end{bmatrix}$$
 eq 2-4

2.2.4 Decibel averaging. Strictly speaking decibels should be averaged logarithmically not arithmetically. Equation 2-5 should be used for decibel averaging.





Although both formulas are correct, it is instructive to consider sound pressure level as the log of the pressure squared (eq 2-6). This is because when combining sound pressure levels, in almost all cases, the square of the pressure ratios (i.e. $\{p/P_{rel}\}^2\}$ ) that should be summ not the pressure ratios (i.e. not the $\{p/P_{rel}\}^2$ ). This is also true for sou pressure level subtraction and averaging.
2.3.2 Definition, reference pressure. Sound pressure level, expresin decibels, is the logarithmic ratio of pressures where the reference pressure is 20 micropascal or 20 uPa (Pascal, the unit of pressure, equals 1 Newton/m <sup>2</sup> ). This reference pressure represents approximal the faintest sound that can be heard by a young, sensitive, undamage human ear when the sound occurs in the frequency region of maximu hearing sensitivity, about 1000 Hertz (Hz). A 20 uPa pressure is 0 dB the sound pressure level should be stated completely, including the reference pressure be such as "85 decibels relative to 20 uPa." However, in normal practice in this discussion the reference pressure is omitted, but it is neverthel implied.

**2.3.3 Abbreviations.** The abbreviation SPL is often used to represent sound pressure level, and the notation  $L_{\rm p}$  is normally used in equations, both in this discussion and in the general acoustics literature.

2.3.4 Limitations on the use of sound pressure levels. Sound pressure levels can be used for evaluating the effects of sound with respect to sound level criteria. Sound pressure level data taken under certain installation conditions cannot be used to predict sound pressure levels under other installation conditions unless modifications are applied. Implicit in these modifications is a sound power level calculation.

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#### 2.4 SOUND POWER LEVEL (L<sub>w</sub> or PWL)

Sound power level is an absolute measure of the quantity of acoustical energy produced by a sound source. Sound power is not audible like sound pressure. However they are related. It is the manner in which the sound power is radiated and distributed that determines the sound pressure level at a specified location. The sound power level, when correctly determined, is an indication of the sound radiated by the source and is independent of the room containing the source. The sound power level data can be used to compare sound data submittals more accurately and to estimate sound pressure levels for a variety of room conditions. Thus, there is technical need for the generally higher quality sound power level data.

2.4.1 Definition, sound power level. The sound power level (in decibels) is defined by:

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eg 2-8

```
L_w = 10 \log \frac{P}{p_{ref}}
```

Where P is the absolute level of the sound power and  $P_{rel}$  is the reference power. Unless otherwise stated the power, P, is the effective root mean square (rms) sound power.

2.4.2 Definition, reference power. Sound power level, expressed in decibels, is the logarithmic ratio of the sound power of a source in watts (W) relative to the sound power reference base of 10-12 W. Before the US joined the ISO in acoustics terminology, the reference power in this country was 10-13W, so it is important in using old data (earlier than about 1963) to ascertain the power level base that was used. If the sound power level value is expressed in dB relative to 10-13W, by subtracting 10 dB from the value. Special care must be used not to confuse decibels of sound pressure with decibels of sound power. It is often recommended that power level valways be followed by the notation "dB re 10-12W." However, in this discussion this notation is omitted, although I will always be made clear when sound power levels are used.

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2.4.3 Abbreviations. The abbreviation PWL is often used to represent sound power level, and the notation L<sub>w</sub> normally used in equations involving power level. This custom is followed in the manual.

2. 4.4 Limitations of sound power level data. There are two notable limitations regarding sound power level data: Sound power can not be measured directly but are calculated from sound pressure level data, and the directivity characteristics of a source are not necessarily determined when the sound power level data are obtained.

• PWL calculated, not measured. Under the first of these limitations, accurate measurements and calculations are possible, but nevertheless there is no simple measuring instrument that reads directly the sound power level value. The procedures involve either comparative sound pressure level measurements between a so-called standard sound source and the source under test (i.e. the "substitution method"), or very careful acoustic qualifications of the test room in which the sound pressure levels of the source and requires quality equipment and knowledgeable personnel. However, when the measured are carried out properly, the resulting sound power level data.

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 Loss of directionality characteristics. Technically, the measurement of sound power level takes into account the fact that different amounts of sound radiate in different directions from the source, but when the measurements are made in a reverberant or semi-reverberant room, the actual directionality pattern of the radiated sound is not obtained. If directivity data are desired, measurements must be made either outdoors, in a totally anechoic test room where reflected sound cannot distort the sound radiation pattern, or in some instances by using sound intensity measurement techniques. This restriction applies equally to both sound pressure and sound power measurements.

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#### 2.5 SOUND INTENSITY LEVEL (L<sub>i</sub>) Sound intensity is sound power per unit area. Sound intensity, like

Sound intensity is sound power per unit area. Sound intensity, like sound power, is not audible. It is the sound intensity that directly relates sound power to sound pressure. Strictly speaking, sound intensity is the average flow of sound energy through a unit area in a sound field. Sound intensity is also a vector quantity, that is, it has both a magnitude and direction. Like sound power, sound intensity is not directly measurable, but sound intensity can be obtained from sound pressure measurements.

2.5.1 Definition, Sound Intensity Level. The sound intensity level (in decibels) is defined by:

L<sub>i</sub>=10 log I

(eq 2-9)

intensity is determined in

(eq 2-11)

FUNDAMENTALS OF ACOUSTICS	
2.5.2 Definition, reference intensity. expressed in decibels, is the logarithmi a location, in watts/square meter (W/m reference base of 10-12 W/m <sup>2</sup> .	Sound intensity level, c ratio of the sound intensity at <sup>2</sup> ) relative to the sound power
2.5.3 Notation. The abbreviation L <sub>i</sub> is intensity level. The use of IL as an abbi since this is often the same abbreviatio lead to confusion.	often used to represent sound reviation is not recommended n for "Insertion Loss" and can
2.5.4 Computation of sound power I conversion between sound intensity lev level (in dB) is as follows:	evel from intensity level. The vel (in dB) and sound power
$L_w = 10 \log \left[A\left(\frac{I}{I_{ref}}\right)\right]$	(eq 2-10)

where A is the area over which the	he average intensit
square meter (m <sup>2</sup> ). Note this can	also be written as:

 $L_w = L_i + 10 \log{A}$ 

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if A is in English units (sq. ft.) then equation 11 can be written as:

 $L_W = L_i + 10 \log{A} - 10$  (eq 2-12)

Note, that if the area A completely closes the sound source, these equations can provide the total sound power level of the source. However care must be taken to ensure that the intensity used is representative of the total area. This can be done by using an area weighted intensity or by logarithmically combining individual  $L_{\rm w}$ 's.



FUNDAMENTALS OF ACOUSTICS FUNDAMENTALS OF ACOUSTICS 2.6 VIBRATION LEVELS rms value = 0.707 x peak average value = 0.637 x peak Vibration levels are analogous to sound pressure levels rms value = 1.11 x average peak-to-peak = 2 x peak 2.6.1 Definition. vibration level. The vibration level (in decibels) is defined by: In addition vibration can be measured with three different quantities, these are, acceleration, velocity and displacement. Unless otherwise  $\left[\left(\frac{a}{a_{mf}}\right)^2\right]$ L<sub>a</sub>=10 log (eq 2-13) stated the vibration levels used in this manual are in terms of acceleration and are called "acceleration levels". For simple harmonic vibration at a single frequency the velocity and displacement can be Where a is the absolute level of the vibration and  $a_{ref}$  is the reference related to acceleration by: vibration. In the past different measures of the vibration amplitude have been utilized, these include, peak-to-peak (p-p), peak (p), acceleration/( $2\pi f$ ) velocity = average and root mean square (rms) amplitude. Unless otherwise displacement = acceleration/ $[(2\pi f)]^2$ stated the vibration amplitude, a, is the root mean square (rms). For simple harmonic motion these amplitudes can be related by: FUNDAMENTALS OF ACOUSTICS

Where f is the frequency of the vibration in hertz (cycles per second). For narrow bands and octave bands, the same relationship is approximately true where f is the band center frequency in hertz.

**2.6.2 Definition, reference vibration.** In this manual, the acceleration level, expressed in decibels, is the logarithmic ratio of acceleration magnitudes where the reference acceleration is 1 micro  $G(10^{-6})$ , where G is the acceleration of gravity (32.16 ft/sec<sup>2</sup> or 9.80 m/s<sup>2</sup>). It should be noted that other reference acceleration levels are in common use, these include, 1 micro m/s<sup>2</sup>, 10 micro m/s<sup>2</sup> (approximately equal to 1 micro G) and 1 G. Therefore when stating an acceleration level it is customary to state the reference level, such as "60 dB relative to 1 micro G".

**2.6.3 Abbreviations.** The abbreviation VAL is sometimes used to represent vibration acceleration level, and the notation  $L_{\rm a}$  is normally used in equations, both in this manual and in the general acoustics literature.

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better at high frequency)

Frequency is analogous to "pitch." The normal frequency range of hearing for most people extends from a low frequency of about 20 to 50 Hz (a "rumbling" sound) up to a high frequency of about 10,000 to 15,000 Hz (a "hissy" sound) or even higher for some people. Frequency characteristics are important for the following four reasons: People have different hearing sensitivity to different frequency region of about 500-5000 Hz and are therefore more annoyed by loud sounds in this frequency region); high-frequency sounds of high intensity and long duration contribute to hearing loss; different pieces of electrical and mechanical equipment produce different amounts of low-, middle-, and high-frequency noise; and noise control materials and treatments vary in their effectiveness as a function of frequency (usually, low frequency noise is more difficult to control; most treatments perform

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2.7.1 Frequency unit, hertz, Hz. When a piano string vibrates 400 times per second, its frequency is 400 vibrations per second or 400 Hz. Before the US joined the ISO in standardization of many technical terms (about 1963), this unit was known as "cycles per second."

2.7.2 Discrete frequencies, tonal components. When an electrical or mechanical device operates at a constant speed and has some repetitive mechanism that produces a strong sound, that sound may be concentrated at the principal frequency of operation of the device. Examples are: the blade passage frequency of a fan or propeller, the gear-tooth contact frequency of a gear or timing belt, the whining frequencies of a motor, the fining rate of an internal combustion engine, the impeller blade frequency of a pump or compressor, and the hum of a transformer. These frequencies are designated "discrete frequencies" or "pure tones" when the sounds are clearly tonal in character, and their frequency is usually calculable.

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The principal frequency is known as the "fundamental," and most such sounds also contain many "harmonics" of the fundamental. The harmonics are multiple of the fundamental frequency, i.e., 2, 3, 4, 5, etc. times the fundamental. For example, in a gear train, where gear tooth contacts occur at the rate of 200 per second, the fundamental frequency would be 200 Hz, and it is very probable that the gear would also generate sounds at 400, 600, 800, 1000, 1200 Hz and so on for possibly 10 to 15 harmonics. Considerable sound energy is often concentrated at these discrete frequencies, and these sounds are more noticeable and sometimes more annoying because of their presence. Discrete frequencies can be located and identified within a general background of broadband noise (noise that has all frequencies present, such as the roar of a jet aircraft or the water noise in a cooling tower or waterfall) with the use of narrowband filters that can be swept through the full frequency range of interest.

2.7.3 Octave frequency bands. Typically, a piece of mechanical equipment, such as a diesel engine, a fan, or a cooling tower generates and radiates some noise over the entire audible range of hearing. The amount and frequency distribution of the total noise is determined by measuring it with an octave band analyzer, which is a set of contiguous filters covering essentially the full frequency range of human hearing. Each filter has a bandwidth of one octave, and nine such filters cover the range of interest for most noise problems. The standard octave frequencies are given in table 2-I. An octave represents a frequency interval of a factor of two. The first column of table 2-I gives the band width frequencies and the second column gives the geometric mean frequencies of the bands. The latter values are the frequencies that are used to label the various octave bands. For example, the 1000-Hz octave band contains all the noise falling between 707 Hz (1000/square root of 2) and 1414 Hz (1000 x square root of 2). The frequency characteristics of these filters have been standardized by agreement (ANSI S1.11 and ANSI S1.6). In some instances reference is made to "low", "mid" and "high" frequency sound.

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This distinction is somewhat arbitrary, but for the purposes of this manual low frequency sound includes the 31 through 125 Hz octave bands, mid frequency sound includes the 250 through 1,000 Hz octave bands, and high frequency sound includes the 2,000 through 8,000 Hz octave band sound levels. For finer resolution of data, narrower bandwidth filters are sometimes used; for example, finer constant percentage bandwidth filters (e.g. halfoctave, third-octave, and tenth-octave filters), and constant width filters (e.g. 1 Hz, 10 Hz, etc.). The spectral information presented in this manual in terms of full octave bands. This has been found to be a sufficient resolution for most engineering considerations. Most laboratory test data is obtained and presented in terms of 1/3 octave bands. A reasonably approximate conversion from 1/3 to full octave bands can be made (see below). In certain cases the octave band is referred to as a "full octave" or "1/1 octave" to differentiate it from partial octaves such as the 1/3 or 1/2 octave bands. The term "overall" is used to designate the total noise without any filtering.

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2.7.4 Octave band levels (1/3). Each octave band can be further divided into three 1/3 octave bands. Laboratory data for sound pressure, sound power and sound intensity levels may be given in terms of 1/3 octave band levels. The corresponding octave band level can be determined by adding the levels of the three 1/3 octave bands using equation 2-2. There is no method of determining the 1/3 octave band levels from octave band data. However as an estimate one can assume that the 1/3 octave levels are approximately 4.8 dB less than the octave band level. Laboratory data for sound transmission losses is octave band transmission losses to octave band transmission losses.

Where  $TL_{ob}$  is the resulting octave band transmission loss and TL1, TL2 & TL3 are the 1/3 octave band transmission losses.

(eq 2-14)

 $TL_{ob} = 4.77 - 10 \log \begin{bmatrix} .TL_1 & .TL_2 & .TL_3 \\ 10^{10} + 10^{10} + 10^{10} \end{bmatrix}$ 

			Freque	ncy, Hz			
FUNDAMENTALS OF ACOUSTICS		Octave		Or	e-third octa	ve	
	Lower band limit	Center	Upper band limit	Lower band limit	Center	Upper band limit	
	11	16	22	14.1 17.8 22.4	16 20 25	17.8 22.4 28.2	
	22	31.5	44	28.2 35.5 44.7	31.5 40 50	35.5 44.7 56.2	
	44	63	88	56.2 70.8 89.1	63 80 100	70.8 89.1 112	
	88	125	177	112 141 178	125 160 200	141 178 224	
	177	250	355	224 282 355	250 315 400	282 355 447	
	355	500	710	447 562 708	500 630 800	562 708 891	
	710	1,000	1,420	891 1,122 1,413	1,000 1,250 1,600	1,122 1,413 1,778	
Bandwidth and Geometric Mean	1,420	2,000	2,840	1,778 2,239 2,818	2,000 2,500 3,150	2,239 2,818 3,548	
Frequency of Standard Octave and 1/3 Octave Bands	2,840	4,000	5,680	3,548 4,467 5,623	4,000 5,000 6,300	4,467 5,623 7,079	
Table 2-1	5,680	8,000	11,360	7,079 8,913 11,220	8,000 10,000 12,500	8.913 11,220 14,130	
	11,360	16,000	22,720	14,130 17,780	16,000 20,000	17,780 22,390	34

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2.7.5 A-, B- & C-weighted sound levels. Sound level meters are usually equipped with "weighting circuits" that tend to represent the frequency characteristics of the average human ear for various sound intensities. The frequency characteristics of the A-, B-, and C-weighting networks are shown in figure 2-2. The relative frequency response of the average ear approximates the A curve when sound pressure levels of about 20 to 30 dB are heard. For such quiet sounds, the ear has fairly poor sensitivity in the low-frequency region, The B curve represents approximately the frequency response of hearing sensitivity for sounds having 60 to 70-dB sound pressure level, and the C curve shows the almost flat frequency response of the ear for loud sounds in the range of about 90 to 100 dB. Annoyance usually occurs when an unwanted noise intrudes into an otherwise generally quiet environment.

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At such times, the ear is listening with a sensitivity resembling the A curve. Thus, judgment tests are often carried out on the loudness, noisiness, annovance, or intrusiveness of a sound or noise related to the A-weighted sound level of that sound. The correlation is generally quite good, and it is a generally accepted fact that the high-frequency noise determined from the A-weighted sound level is a good indicator of the annovance capability of a noise. Thus, noise codes and community noise ordinances are often written around Aweighted sound levels. For example: "The sound level at the property line between a manufacturing or industrial plant and a residential community must not exceed 65 dB(A) during daytime or 55 dB(A) during nighttime." Of course, other sound levels and other details might appear in a more complete noise code. Sound levels taken on the A-, B-, and C-weighted networks have usually been designated by dB(A), dB(B), and dB(C), respectively. The parentheses are sometimes omitted, as in dBA.

The weighting networks, in effect, discard some of the sound, so it is conventional not to refer to their values as sound pressure levels, but only as sound levels-as in "an A-weighted sound level of 76 dB(A)." High intensity, high-frequency sound is known to contribute to hearing loss, so the A-weighted sound level is also used as a means of monitoring factory noise for the hearing damage potential. It is very important, when reading or reporting sound levels, to identify positively the weighting network used, as the sound levels can be quite different depending on the frequency content of the noise measured. In some cases if no weighting is specified, A-weighting will be assumed. This is very poor practice and should be discouraged.



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2.7.6 Calculation of A-weighted sound level. For analytical or diagnostic purposes, octave band analyses of noise data are much more useful than sound levels from only the weighting networks. It is always possible to calculate, with a reasonable degree of accuracy, an A-weighted sound level from octave band levels. This is done by subtracting the decibel weighting from the octave band levels and then summing the levels logarithmically using equation 2-2. But it is not possible to determine accurately the detailed frequency content of a noise from only the weighted sound levels. In some instances it is considered advantageous to measure or report A-weighted octave band levels. When this is done the octave band levels should not be presented as "sound levels in dB(A)", but must be labeled as "octave band sound levels with A-weighting", otherwise confusion will result. FUNDAMENTALS OF ACOUSTICS

#### 2.8 TEMPORAL VARIATIONS

Both the acoustical level and spectral content can vary with respect to time. This can be accounted for in several ways. Sounds with short term variations can be measured using the meter averaging characteristics of the standard sound level meter as defined by ANSI S1.4. Typically two meter averaging characteristics are provided, these are termed "Slow" with a time constant of approximately 1 second and "Fast" with a time constant of approximately 18 second. The slow response is useful in estimating the average value of most mechanical equipment noise. The fast response if useful in evaluating the maximum level of sounds which vary widely.

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#### 2.9 SPEED OF SOUND AND WAVELENGTH

The speed of sound in air is given by equation 12-5 where c is the speed of sound in air in ft./set, and  $t_F$  is the temperature in degrees Fahrenheit.

(eq 2-15)

c = 49.03 x (460 + t<sub>F</sub>) 1/2

**2.9.1 Temperature effect.** For most normal conditions, the speed of sound in air can be taken as approximately 1120 ft./sec. For an elevated temperature of about 1000 deg. F, as in the hot exhaust of a gas turbine engine, the speed of sound will be approximately 1870 ft./sec. This higher speed becomes significant for engine muffler designs, as will be noted in the following paragraph.

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 $\Lambda = c/f$ 

**2.9.2 Wavelength.** The wavelength of sound in air is given by equation 2-16.

(eq 2-16)

Where A is the wavelength in ft., c is the speed of sound in air in ft./sec, and f is the frequency of the sound in Hz. Over the frequency range of 50 Hz to 12,000 Hz, the wavelength of sound in air at normal temperature varies from 22 feet to 1.1 inches, a relatively large spread. The significance of this spread is that many acoustical materials perform well when their dimensions are comparable to or larger than the wavelength of sound. Thus, a I-inch thickness of acoustical ceiling tile applied directly to a wall is quite effective in absorbing high-frequency sound.

At room temperature, a I0-feet long dissipative muffler is about 9 wavelengths long for sound at 1000 Hz and is therefore quite effective, but is only about 0.4 wavelength long at 50 Hz and is therefore not very effective. At an elevated exhaust temperature of 1000 deg. F, the wavelength of sound is about 2/3 greater than at room temperature, so the length of a corresponding muffler should be about 2/3 longer in order to be as effective as one at room temperature. In the design of noise control treatments and the selection of noise control materials, the acoustical performance will frequently be found to relate to the dimensions of the treatment compared to the wavelengths of sound. This is the basic reason why it is generally easier and less expensive to achieve high-frequency noise control (short wavelengths) and more difficult and expensive to achieve low frequency noise control (long wavelengths). FUNDAMENTALS OF ACOUSTICS

### 2.10 LOUDNESS

The ear has a wide dynamic range. At the low end of the range, one can hear very faint sounds of about 0 to 10 dB sound pressure level. At the upper end of the range, one can hear with clarity and discrimination loud sounds of 100-dB sound pressure level, whose actual sound pressures are 100,000 times greater than those of the faintest sounds. People may hear even louder sounds, but in the interest of hearing conservation, exposure to very loud sounds for significant periods of time should be avoided. It is largely because of this very wide dynamic range that the logarithmic decibel system is useful; it permits compression of large spreads in sound power and pressure into a more practical and manageable numerical system. For example, a commercial jet a irliner produced 100,000,000,000 (= 10<sup>11</sup>) times the sound power of a cricket. In the decibel system, the sound power of the jet is 110 dB greater than that of the cricket (110 = 10 log 10<sup>11</sup>). Humans judge subjective loudness on a still more compressed scale.

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2.10.1 Loudness judgments. Under controlled listening tests, humans judge that a 10 dB change in sound pressure level, on the average, represents approximately a halving or a doubling of the loudness of a sound. Yet a 10-dB reduction in a sound source means that 90 percent of the radiated sound energy has been eliminated. Table 2-2 shows the approximate relationship between sound level changes, the resulting loss in acoustic power, and the judgment of relative loudness of the changes. Toward the bottom of the table, it becomes clear that tremendous portions of the sound power must be eliminated to achieve impressive amounts of noise reduction in terms of perceived loudness.

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1	Acoustic Energy Loss	Acoustic inergy Loss			
635	0		Reference		
	505	Per	ceptible Thatge		
	905	1 3	ial? as loud		
	995	1 :	1/2 as loud		
	99.9%		1/9 as loud		
	99.995	1 :	1/16 as 100d		

Relationship Between Changes in Sound Level, Acoustic Energy Loss, and Relative Loudness of a Sound Table 2-2

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2.10.2 Sones and phons. Sones and phons are units used in calculating the relative loudness of sounds. Sones are calculated from nomograms that interrelate sound pressure levels and frequency, and phons are the summation of the sones by a special addition procedure. The results are used in judging the relative loudness of sounds, as in "a 50-phon motorcycle would be judged louder than a 40-phon motorcycle." When the values are reduced to phon ratings, the frequency characteristics and the sound pressure level data have become detached, and the noise control analyst or engineer has no concrete data for designing noise control treatments. Sones and phons are not used in this discussion, and their use for noise control purposes is of little value. When offered data in sones and phons, the noise control engineer should request the original octave or 1/3 octave band sound pressure level data, from which the sones and phons were calculated.

#### FUNDAMENTALS OF ACOUSTICS 2.11 VIBRATION TRANSMISSIBILITY

A transmissibility curve is often used to indicate the general behavior of a vibration-isolated system. Transmissibility is roughly defined as the ratio of the force transmitted through the isolated system to the supporting structure to the driving force exerted by the piece of vibrating equipment. Figure 2-2 is the transmissibility curve of a simple undamped single-degree-of-freedom system. The forcing frequency is usually the lowest driving frequency of the vibrating system. For an 1800-rpm pump, for example, the lowest driving frequency is 1800/60 = 30 Hz. The natural frequency, in figure 2-2, is the natural frequency of the isolator mount when loaded. An isolator mount might be an array of steel springs, neoprene-in-shear mounts, or pads of compressed glass fiber or layers of ribbed or waffle-pattern neoprene pads. When the ratio of the driving frequency to the natural frequency is less than about 1.4, the transmissibility goes above 1, which is the same as not having any vibration isolator.

When the ratio of frequencies equals 1, that is, when the natural frequency of the mount coincides with the driving frequency of the equipment, the system may go into violent oscillation, to the point of damage or danger, unless the system is restrained by a damping or snubbing mechanism. Usually, the driver (the operating equipment) moves so quickly through this unique speed condition that there is no danger, but for large, heavy equipment that builds up speed slowly or runs downs slowly, this is a special problem that must be handled. At higher driving speeds, the ratio of frequencies exceeds 1.4 and the mounting system begins to provide vibration isolation, that is, to reduce the force reduce the force transmitted into the floor or other supported structure. The larger the ratio of frequencies, the more effective the isolation mount.

#### FUNDAMENTALS OF ACOUSTICS

2.11.1 Isolation efficiency. An isolation mounting system that has a calculated transmissibility, say, of 0.05 on figure 2-2 is often described as having an "isolation efficiency" of 95 percent. A transmissibility of 0.02 corresponds to 98 percent isolation efficiency, and so on. Strict interpretation of transmissibility data and isolation efficiencies, however, must be adjusted for real-life situations.

2.11.2 Transmissibility limitations. The transmissibility curve implies that the mounted equipment (i.e. equipment plus the isolators) are supported by a structure that is infinitely massive and infinitely rigid. In most situations, this condition is not met. For example, the deflection of a concrete floor slab under static load may fall in the range of 1/4 inch to 1/2 inch. This does not qualify as being infinitely rigid. The isolation efficiency is reduced as the static floor deflection increases. Therefore, the transmissibility values of figure 2-2 should not be expected for any specific ratio of driving frequency to natural frequency.





#### FUNDAMENTALS OF ACOUSTICS

 Difficulty of field measurement. In field situations, the transmissibility of a mounting system is not easy to measure and check against a specification. Yet the concept of transmissibility is at the heart of vibration isolation and should not be discarded because of the above weakness. The material that follows is based on the valuable features of the transmissibility concept, but added to it are some practical suggestions.

#### FUNDAMENTALS OF ACOUSTICS

#### 2.12 VIBRATION ISOLATION EFFECTIVENESS

With the transmissibility curve as a guide, three steps are added to arrive at a fairly practical approach toward estimating the expected effectiveness of an isolation mount.

2.12.1 Static deflection of a mounting system. The static deflection of a mount is simply the difference between the free-standing height of the uncompressed unloaded isolator and the height of the compressed silolator under its static load. This difference is easily measured in the field or estimated from the manufacturer's catalog data. An uncompressed 6 inch high steel spring that has a compressed height of only 4 inches when installed under a fan or pump is said to have a static deflection of 2 inches. Static deflection data are usually given in the catalogs of the isolator manufacturers or distributors. The data may be given in the form of "stiffness" values. For example, a stiffness of 400 lb/in. means that a 400 lb load will produce a 2 inch deflection, or that an 800 lb load will produce a 2 inch deflection, assuming that the mount has freedom to deflect a full 2 inches.





2.12.3 Application suggestions. Table 2-3 provides a suggested schedule for achieving various degrees of vibration isolation in normal construction. The table is based on the transmissibility curve, but suggests operating ranges of the ratio of driving frequency to natural frequency. The terms "low," "fair," and "high" are merely word descriptors, but they are more meaningful than such terms as 95 or 98 percent isolation efficiency which are clearly erroneous when they do not take into account the mass and stiffness of the floor slab. Vibration control recommendations given in this discussion are based on the application of this table.

• Example. Suppose an 1800-rpm motor-pump unit is mounted on steel springs having l-inch static deflection (as in the example above). The driving frequency of the system is the shaft speed, 1800 rpm or 30 Hz. The natural frequency of the mount is 3 Hz, and the ratio of driving frequency to natural frequency is about 10.

Ratio of Driving Frequency of Source to Natural Frequency of Mount	Degree of Vibration Isolation
Selow 1.4	Amplification
1.4 - 3	Negligible
3 - 6	Low
6 - 10	Fair
Above 10	High
Numerated Only due for Entirection Del	

#### FUNDAMENTALS OF ACOUSTICS

Table 2-3 shows that this would provide a "fair" to "high" degree of vibration isolation of the motor pump at 30 Hz. If the pump impeller has 10blades, for example, this driving frequency would be 300 Hz, and the ratio of driving to natural frequencies would be about 100; so the isolator would clearly give a "high" degree of vibration isolation for impeller blade frequency.

**Caution.** The suggestions on vibration isolation offered in this discussion are based on experiences with satisfactory installations of conventional electrical and mechanical HVAC equipment in buildings. The concepts and recommendations described here may not be suitable for complex machinery, with unusual vibration modes, mounted on complex isolation systems. For such problems, assistance should be sought from a vibration specialist.



This discussion is about data and discussions on generally acceptable indoor noise criteria for acceptable living and working environments. These criteria can be used to evaluate the suitability of existing indoor spaces and spaces under design.

#### Noise Criteria In Buildings

Room Criteria (RC) and Noise Criteria (NC) are two widely recognized criteria used in the evaluation of the suitability of intrusive mechanical equipment noise into indoor occupied spaces. The Speech Interference Level (SIL) is used to evaluate the adverse effects of noise on speech communication.

#### NOISE CRITERIA

#### Noise Criterion (NC) Curves

Figure 3-1 presents the NC curves. NC curves have been used to set or evaluate suitable indoor sound levels resulting from the operation of building mechanical equipment. These curves give sound pressure levels (SPLs) as a function of the octave frequency bands. The lowest NC curves define noise levels that are quiet enough for resting and sleeping, while the upper NC curves define rather noisy work areas where even speech communication becomes difficult and restricted. The curves within this total range may be used to set desired noise level goals for almost all normal indoor functional areas. In a strict interpretation, the sound levels of the mechanical equipment or ventilation system under design should be equal to or be lower than the selected NC target curve in all octave bands in order to meet the design goal. In practice, however, an NC condition may be considered met if the sound levels in no more than one or two octave bands do not exceed the NC curve by more than one or two decibels. Table 3-1 lists representative applications of the NC curves.



Category	Area (and Acoustic Requirements)	Noise Criterion*
1	Bedrooms, sleeping quarters, hospi- tals, residences, apartments, hotels, motels, etc. (for sleeping, resting, relaxing).	30C-20 to 30C-30
2	Auditoriums, theaters, large meeting rooms, large conference rooms, radio studios, churches, chapels, etc. (for very good listening conditions).	NC-15 50 NC-30
3	Private offices, small conference rooms, classrooms, libraries, etc. (for good listening conditions).	NC-30 to NC-35
4	Large offices, reception areas, retail shops and stores, cafeterias, restaurants, etc. (for fair listening conditions).	NC-35 to NC-40
\$	Lobbies, drafting and engineering rooms, laboratory work spaces, main- tenance shops such as for electrical equipment,etc. (for moderately fair listening conditions).	NC-40 to NC-50
6	Kitchens, laundries, shops, garages, machinery spaces, power plant control rooms, etc. (for minimum acceptable speech communication, no risk of hearing damage).	NC-45 to NC-65
	Table 3-1	NOISE CRITE

#### NOISE CRITERIA

#### Room Criterion (RC) Curves

Figure 3-2 presents the Room Criterion (RC) curves. RC curves, like NC curves, are currently being used to set or evaluate indoor sound levels resulting from the operation of mechanical equipment. The RC curves differ from the NC curves in three important respects. First, the low frequency range has been extended to include the 16 and 31.5 Hz octave bands. Secondly, the high frequency range at 2,000 and 4,000 Hz is significantly less permissive, and the 8,000 Hz octave band has been omitted since most mechanical equipment produces very little noise in this frequency region. And thirdly, the range over which the curves are defined is limited from RC 25 to RC 50 because; 1) applications below RC 25 are special purpose and expert consultation should be sought and; 2) spaces above RC 50 indicate little concern for the quality of the background sound and the NC curves become more applicable.







## 4. SOUND DISTRIBUTION INDOORS

#### Sound Pressure Level In a Room

The sound pressure levels at a given distance or the sound power levels for individual equipment items can often be obtained from equipment suppliers. Once the characteristics of the sound source have been determined, then the sound level at any location within an enclosed space can be estimated. In an outdoor "free field" (no reflecting surfaces except the ground), the sound pressure level (SPL) decreases at a rate of 6 dB for each doubling of distance from the source. In an indoor situation, however, all the enclosing surfaces of a room confine the sound energy so that they cannot spread out indefinitely and become dissipated with distance. As sound waves bounce around within the room, there is a build-up of sound level because the sound energy is "trapped" inside the room and escapes slowly.

#### SOUND DISTRIBUTION INDOORS

#### Effect of Distance and Absorption

The reduction of sound pressure level indoors, as one moves across the room away from the sound source, is dependent on the surface areas of the room, the amount of sound absorption material on those areas, the distances to those areas, and the distance from the source. All of this is expressed quantitatively by the curves of Figure 4-1. Figure 4-1 offers a means of estimating the amount of SPL reduction for a piece of mechanical equipment (or any other type of sound source in a room, as one moves away from some relatively close-in distance to any other distance in the room, provided the sound absorptive properties of the room (Room Constant) is known. Conversely Figure 4-1 also provides a means of estimating the sound reduction in a room, from a given source, if the distance is constant and the amount of absorptive treatment is increased. Table 4-1 represents a simplification of Figure 4-1 for a special condition of distance and room constant.







#### SOUND DISTRIBUTION INDOORS

#### Room Constant

The room constant is a measure of the amount of sound absorption that exists within a room. Most current acoustic textbooks give details of a conventional calculation of the Room Constant for any specific room, when the following facts are known: (1) all the room dimensions, (2) the wall, floor, and ceiling materials, (3) the amount and type of acoustic absorption materials, and (4) the sound absorption coefficients of the acoustic-materials at various specified frequencies. The calculation is summarized in this equation:

 $R = S_1 a_1 + S_2 a_2 + \dots + S_n a_n$ 

SOUND DISTRIBUTION INDOORS ROOM CONSTANT

where R is the Room Constant (or "room absorption" as it is often called),  $S_1$  is the total area of all the room surfaces having "sound absorption coefficients"  $a_1, S_2$  is the total area of all the room surfaces having sound absorption coefficient  $a_2$  etc. The areas  $S_1,\ldots,S_n$  are expressed in ft.<sup>2</sup>, and the sound absorption coefficients are dimensionless. The resulting Room Constant R is also expressed in ft? The term "sabin" is used in the literature as a unit of room absorption or Room Constant, where one sabin is the absorption provided by 1 ft<sup>2</sup> of material having perfect absorption; i.e., having a value of 1.0. In the manual, 1 ft<sup>2</sup> of absorption and 1 sabin are used synonymously.

SOUND DISTRIBUTION INDOORS

#### Estimation of Room Constant

In the early stages of a design, some of the details of a room may not be finally determined, yet it may be necessary to proceed with certain portions of the design. An approximation of the Room Constant can be made using Figure 4-2 and Table 4-2. The basic room dimensions are required but it is not necessary to have made all the decisions on side wall, floor, and ceiling materials. This simplification yields a less accurate estimate than does the more detailed procedure, but it permits rapid estimates of the Room Constant with gross, but non-specific, changes in room materials and sound absorption applications. Then, when a favored condition is found, detailed calculations can be made with an equation that is not presented here.

OCTAVE	IBUTIO	Perce	nt of	Area o Surface	f Thin Area	Surfa	ces	]
Band (Hz)	0	10	20	30	40	60	80	100
31 63 125 250 500	1 1 1 1	1.3 1.3 1.3 1.2 1.1	1.6 1.6 1.6 1.3 1.1	1.9 1.9 1.9 1.4 1.2	2.2 2.2 2.2 1.6 1.2	2.8 2.8 2.8 1.9 1.3	3.4 3.4 3.4 2.1 1.5	4.0 4.0 2.4 1.6
			Tab	le 4-2				





#### SOUND ISOLATION BETWEEN ROOMS

#### Sound Transmission Loss (TL), Noise Reduction (NR) And Sound Transmission Class (STC)

With the knowledge of the acoustical isolation provided by walls and floors, it is possible to select materials and designs to limit noise intrusion from adjacent mechanical equipment rooms to acceptable levels. The degree of sound that is transmitted is influenced by the noise isolation properties of the demising construction, the area of the demising wall, floor or ceiling and the accoustical properties in the quiet room.

#### SOUND ISOLATION BETWEEN ROOMS

5.1.1 Transmission loss (TL) of walls. The TL of a wall is the ratio. expressed in decibels, of the sound intensity transmitted through the wall to the airborne sound intensity incident upon the wall. Thus, the TL of a wall is a performance characteristic that is entirely a function of the wall weight, material and construction, and its numerical value is not influenced by the acoustic environment on either side of the wall or the area of the wall. Procedures for determining transmission loss in the laboratory are given in ASTM E 90. This is the data usually given in most manufacturers literature and in acoustic handbooks Laboratory ratings are rarely achieved in field installations. Transmission loss values in the laboratory are usually greater, by 4 to 5 dB, than that which can be realized in the field even when good construction practices are observed. ASTM E 336 is a corresponding standard method for determination of sound isolation in buildings (in situ). There are many references that provide transmission loss performance for building materials. In addition many manufacturers also provide transmission loss for their products.

#### SOUND ISOLATION BETWEEN ROOMS

#### "Noise Reduction" (NR) of a Wall

When sound is transmitted from one room (the "source room") to an adjoining room (the "receiving room"), it is the transmitted sound power that is of interest. The transmission loss of a wall is a performance characteristic of the wall structure, but the total sound power transmitted by the wall is also a function of its area (e.g. the larger the area, the more the transmitted sound power). The Room Constant of the receiving room also influences the Sound Power Loss (SPL) in the receiving room. A large Room Constant reduces the reverberant sound level in the room at an appropriate distance from the wall. Thus, three factors influence the SPL in a receiving room: the TL of the wall, the area of the common wall between the source and receiving rooms, and the Room Constant R2 of the receiving room. These three factors are combined in a manner that is beyond the scope of this presentation.

#### SOUND ISOLATION BETWEEN ROOMS

### "Sound Transmission Class" (STC)

Current architectural acoustics literature refers to the term "Sound Transmission Class" (STC). This is a one number weighting of transmission losses at many frequencies. The STC rating is used to rate partitions, doors, windows, and other acoustic dividers in terms of their relative ability to provide privacy against intrusion of speech or similar type sounds. This one-number rating system is heavily weighted in the 500- to 2000-Hz frequency region. Its use is not recommended for mechanical equipment noise, whose principal intruding frequencies are lower than the 500- to 2000 Hz region. However, manufacturers who quote STC ratings should have the 1/3 octave band TL data from which the STC values were derived, so it is possible to request the TL data when these types of partitions are being considered for isolation of mechanical equipment noise. The procedure for determining an STC rating is given in ASTM standard E 413.

SOUND ISOLATION BETWEEN ROOMS

#### Transmission Loss-Walls, Doors, Windows

Generally a partition will have better noise reduction with increasing frequency. It is therefore important to check the noise reduction at certain frequencies when dealing with low frequency, rumble type noise. Note that partitions can consist of a combination of walls, glass and doors. Walls can generally be classified as fixed walls of drywall or masonry, or as operable walls.

SOUND ISOLATION BETWEEN ROOMS Transmission Loss-Walls, Doors, Windows

#### Drywall Walls

These walls consist of drywall, studs and, sometimes, fibrous blankets within the stud cavity.

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#### SOUND ISOLATION BETWEEN ROOMS Transmission Loss-Walls, Doors, Windows

## Drywall

Drywall is a lightweight, low-cost material, and can provide a very high STC when used correctly. The use of Type X, or fire-rated drywall of the same nonrated drywall thickness, will have a negligible effect on acoustical ratings. Drywall is generally poor at low frequency noise reduction and is also very susceptible to poor installation. Drywall partitions must be thoroughly caulked with a non-hardening acoustical caulk at the edges. Tape and spackle is an acceptable seal at the ceiling and side walls. Electrical boxes, phone boxes, and other penetrations should not be back-to-back, but be staggered at least 2 feet, covered with a fibrous blanket, and caulked. Multiple layers of drywall schould be staggered. Wood stud construction has poor noise reduction characteristics because the wood stud conducts vibration from one side to the other. This can be easily remedied by using a metal resilient channel. Load-bearing metal studs are stiff and can be improve with a resilient channels installed on one side.

#### SOUND ISOLATION BETWEEN ROOMS Transmission Loss-Walls, Doors, Windows

#### Fibrous Blankets

Fibrous blankets in the stud cavity can substantially improve a wall's performance by as much as 10 dB in the mid and high frequency range where non-load-bearing metal studs, or studs with resilient channels, are used. A minimum 2 inch thick, 3/4 lb/h3 fibrous blanket should be used. Blankets up to 6 inches thick provide a modest additional improvement.

SOUND ISOLATION BETWEEN ROOMS Transmission Loss-Walls, Doors, Windows

#### **Double or Staggered Stud Walls**

When a high degree of noise reduction is needed, such as between a conference room and mechanical room, use double or staggered stud wall construction with two rows of metal or wood studs without bracing them together, two layers of drywall on both sides, and a 6 inch thick fibrous blanket. SOUND ISOLATION BETWEEN ROOMS Transmission Loss-Walls, Doors, Windows

#### Masonry Walls

Masonry construction is heavy, durable, and can provide particularly good low frequency noise reduction. Concrete masonry units (CMU) made of shale or cinder have good noise reduction properties when they are approximately 50 percent hollow and not less than medium weight aggregate. Parging or furring with drywall on at least one side substantially improves the noise reduction at higher frequencies. The thicker the block, the better the noise reduction. An 8 inch thick, semi-hollow medium aggregate block wall with furring and drywall on one side is excellent around machine rooms, trash chutes, and elevator shafts.

SOUND ISOLATION BETWEEN ROOMS Transmission Loss-Walls, Doors, Windows

#### Doors

The sound transmission loss of both hollow and solid core doors will substantially increase when properly gasketed. Regular thermal type tape-on gaskets may not seal well because of door warpage, and can also cause difficulty in closing the door. Tube type seals fitted into an aluminum extrusion can be installed on the door stop and fitted to the door shape. Screw type adjustable tube seals are available for critical installations. Sills with a half moon seal at the bottom of the door are recommended in place of drop seals, which generally do not seal well. Two gasketed doors with a vestibule are recommended for high noise isolation. Special acoustical doors with their own jambs and door seals are available when a vestibule is not practical or very high noise isolation is required.

SOUND ISOLATION BETWEEN ROOMS Transmission Loss-Walls, Doors, Windows

#### Windows

Fixed windows will be close to their laboratory TL rating. Operable sash windows can be 10 dB less than the lab rating due to sound leaks at the window frame. Gaskets are necessary for a proper seal. Some window units will have unit TL ratings which would be a rating of both the gasketing and glass type. Double-glazed units are no better than singleglazed if the air space is 1/2 inch or thinner. A 2-inch airspace between glass panes will provide better noise reduction. Laminated glass has superior noise reduction capabilities. Installing glass in a neoprene "U" channel and installing sound absorbing material on the jamb between the panes will also improve noise reduction. Special acoustical window units are available for critical installations.



Thickness of Concrete or Mesonry (in.) 4 6 8 10 12 16 Thickness (in.) Octave requency Band (Hz) 72 96 120 144 192 Surface Mt. (15/ft') 48 96 192 \*\*\*\*\* 31 63 125 250 500 2000 4000 8000 29 35 36 34 35 59 54 50 2 16 16 18 14 18 19 16 60 34 35 31 45 49 59 57 64 \*\*\*\*\* 5 3 4 4 9 53 57 61 65 30 36 30 30 30 50 50 60 \*\*\*\*\* \*\*\*\*\* STC 18 10 62 -140-150 1b/ml de -----The second secon 2. If desired, install bollow-core block and fill wolds of with concrete or mortar of the required density. Transmission Loss (in dB) of Dense Poured Concrete or Solid Core Concrete Block or Masonry Table 5-1

"Ideal Values"

Suggested Design Values

SOUND ISOLATION BETWEEN ROOMS Transmission Loss-Walls, Doors, Windows \*Ideal Suggested Design Value Thickness of Concrete or Masonry (in.) 4 6 8 10 12 16 Thickness (in.) Band (Hz) oximate Surface Weight (1b/ft<sup>2</sup>) 36 44 52 60 76 Surface Wt. (1b/ft.1) 28 44 76 A001 29 28 31 36 36 37 42 46 33 36 36 36 48 56 56 60 34 38 35 39 48 54 60 66 72 31 63 125 250 500 1000 2000 4000 8000 26 31 35 36 37 42 46 50 54 32 36 37 37 43 47 51 55 59 26 32 37 38 38 45 53 59 65 33 33 34 39 56 68 33 35 36 36 41 45 49 36 38 44 48 50 54 58 52 53 57 ..... 12 46 47 14 45 10 concrete and masonry assumes 140-150 lb/ft,' density, if solid. density concrete, estimate the actual surface weight and use the TL for 2. For 14 Transmission Loss (in dB) of Hollow-Core Dense Concrete Block or Masonry Table 5-2 03

when a more thorough analysis is required, such as when the

concern is for mechanical equipment.

Decisive Presence (not)         Thickness of Closer Block (In.) Approximate jurice Weight (Ib/rft)         Thickness (In.) Surface WL, (Ib/rft)           12         26         46         54           13         12         26         71         81         24           15         27         26         27         81         24         20           15         27         28         28         29         20	) 10 (fL <sup>1</sup> ) 60 30 30
Productory (ng)         Approximate forface Weight (lb/rft.)         Surface WL (lb/rft.)           101         20         66         24         50           13         20         26         70         80         24         50           14         27         26         27         26         27         27         27         27         29         29         29         20         29         20	(fL <sup>1</sup> ) 60 30 30
11         22         26         27         28         28         29         29           63         27         28         28         29         30         30         30           125         28         29         30         30         30         30         30           250         26         29         30         31         30         33         30         35           3600         30         34         36         37         32         42           3000         36         34         40         31         32         42           3000         36         34         40         34         44         44         44           3000         40         1/2         43         14         44         44         44           3000         1/4         1/2         1/4         1/4         1/4         1/4           3000         1/4         1/2         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4         1/4	30 30
63         27         28         28         28         29         30           125         28         28         28         28         30         30         32           250         28         29         30         33         30         35         50         30         35         50         30         34         36         37         32         42         30         30         35         36         36         36         37         32         42         30         36<	30
125         28         29         28         29         30         30         30         35           250         26         29         30         33         30         35         36         30         30         35         36         30         30         35         36         30         30         35         36         30         30         35         36         30         30         36         30         30         30         36         30         30         36         30         36	
250         26         29         30         33         30         35           500         30         34         36         37         32         42           1000         36         36         k0         k1         k1         k8           2000         40         k2         k3         k4         k7         54           0000         k3         k5         k6         k7         53         60	30
500         30         34         36         37         32         42           1000         36         36         40         41         43           2000         16         42         43         44         47         54           0000         16         42         46         47         54         66         47         53         60	35
2000 36 38 k0 k1 k1 k8 2000 k0 k2 k3 kk k7 5k 4000 k3 k5 k6 k7 53 60	42
2000 k0 k2 k3 kk k7 5k k000 k3 k5 k6 k7 53 60	48
4000 43 45 46 47 53 60	54
	60
8000 46 48 49 50 59 66	66
src 36 38 39 41 39 46	46
Kotes: 1. Lightweight block material assumes 65-75 1b/ft, density. 2. If bollow-core block or block of other density is used, salet TL value for equ markee weight; interpolate of extrapolate if necessary.	equivaler
<ol><li>Both sides of wall surfaces should be scaled with a plaster skim coat or two co heavy paint to achieve these values.</li></ol>	o costs of
T11 50	









	Octave Frequency Band	Width o	f Air Space	(in.)
Table 5-8	(Hz)	1/4	1-1/2	6
Transmission Loss (in dB) of Typical Double- Glass Windows, Jsing 1/4-inThick Glass Panels with Different Air Space Widths	31	13	14	15
	63	18	19	22
	125	23	26	30
	250	26	30	35
	500	29	34	40
	1000	34	38	43
	2000	31	37	44
	4000	34	41	50
	8000	38	46	54
	STC	31	37	43

	Octave	Filled	Acoustic Doors, Nominal Thicknesses					
	Frequency Band (Rz)	Frequency Band (Rz)	Metal Panel Partition*	2-in. Thick <sup>b</sup>	4-in. Thick <sup>6</sup>	6-in. ThicK <sup>d</sup>	10-in. Thick <sup>e</sup>	Two Sets 4-in. Doors in Double Walls 32-in. Air Space <sup>7</sup>
	31	19		27	34		42	
	63	22		29	37		48	
	125	26	31	34	41	47	54	
	250	31	34	36	47	53	60	
	500	36	37	40	52	61	67	
	1000	43	39	45	55	66	75	
	2000	48	43	49	59	65	84	
	4000	50	47	51	62	69	90	
	8000	52	- C -		60		95	
	STC	41	40	45	58	64	71	
Table 5-9 Transmission Loss (in dB) of a Filled Metal Panel Partition and Several Commercially Available Acoustic Doors.	Notes: *Constru fiber ( *Average *Average 12-23 1) *Average range ( *Average range ( *Average ( *Averag	oted of two 1 or mineral work to f 4 doors, to f 2 doors, b)ft. of 2 doors, of 2 doors, of 2 doors, of 2 doors, of 2 doors, of seight 35-3 ted performan	8 ga. ste b); Joints 1-3/4- to all 4-in. 6- to 7-: 0 lb/ft. <sup>2</sup> each 10-: 8 lb/ft. <sup>2</sup> ce, in isc	el panels and edge 2-5/8-in thick, g n. thick, n. thick, plated 12-	filled w s sealed . thick, asketed a gasketed gasketed in. thick	ith 3 in. airtight. gasketed. round all , install , install concrete	of 6-8 lb/ft. <sup>3</sup> glass edges, range of weigh ed by manufacturer, ed by manufacturer, walls, no leakape,	





#### SOUND PROPAGATION OUTDOORS

#### Distance Effects

Acoustical energy from a source spreads out as it travels away from the source, and the sound pressure level drops off with distance according to the "inverse square law." This effect is common to all types of energy propagation originating from an essentially point source and free of any special focusing. In addition, the air absorbs a certain amount of sound energy by "molecular absorption," and small amounts of ever-present air movement and inhomogeneities give rise to "anomalous excess attenuation." These three distance effects are summarized in the following discussion.

## SOUND PROPAGATION OUTDOORS

#### Effect of Distance

Figure 6-1 illustrates the "inverse square law" for drop-off of SPL with distance. A point source of sound is shown at point "X", and the rays show the path of an element of sound energy traveling away from the source. At the distance "d" from the source, the sound energy is assumed uniformly spread over the small area "A" (which is the product of the two lengths "a" and "b"). At twice the distance, 2d, the lengths a and b are expanded to 2a and 2b, and the resulting area over which the sound is now spread has become 4A, 4 times the area back at distance d. Sound pressure level is related to the "energy per unit area" in the source, the energy per unit area has decreased by a factor of 4 which corresponds to a reduction of 6 dB in the sound pressure level. Simply illustrated, this is the "inverse square law"; that is, the SPL decreases at the rate of 6 dB for each doubling of distance from the source.



#### Distance Effects Distance Effects Molecular Absorption In addition to the reduction due to the inverse square law, air absorbs sound energy, and that the amount of absorption is dependent on the temperature and humidity of the air and the frequency of the sound. For example, the molecular absorption coefficient (dB) at 50 F, 50% relative humidity, and 1000 feet distance is 24.0 dB at 8000 Hz and 4.4 dB at 2000 Hz. At the same relative humidity and distance but 100 F, the coefficient is 14.6 dB at 8000 Hz and 4.6 dB at 2000 Hz. A "standard day" is frequently defined as having a temperature of 59 deg. F and a relative humidity of 70 percent. For long-time average sound propagation conditions, the molecular absorption coefficients for standard day conditions should be used.

### SOUND PROPAGATION OUTDOORS Distance Effects Anomalous Excess Attenuation Large-scale effects of wind speed, wind direction, and thermal gradients in

Lengo back chicks of white opecar, white diversion, in the intermet greatering in the air can cause large differences in sound transmission over large distances. These are beyond the scope of this discussion. Almost all the time, however, there are small-scale influences of these atmospheric factors. Even under fairly stable conditions for sound propagation through the air, small amounts of diffraction, refraction (bending), and sound interference occur over large distances as a result of small wind, temperature, and humidity differences in the air. These are combined into "anomalous excess attenuation" which is applied to long-term sound level estimates for average-to-good sound propagation, in dB per 1000-foot distance. These are conservative average values; higher values than these have been measured in long-time studies of sound travel over a variety of field conditions. Anomalous excess attenuation helps explain the fact that measure SPLs at large distances are frequently lower than estimated SPLs even when sound propagation conditions seem quite good.

Frequency Band, IIZ	Anomalous Excess Attenuation, dB/1000 ft.	
31	0.3	1
63	0.1	1
125	0.6	1
250	0.8	
500	1.1	
1000	1.5	
2000	2.2	
4000	3.0	
8000	4.0	1

#### SOUND PROPAGATION OUTDOORS

#### Atmospheric Effects

Wind and temperature variations can cause bending of sound waves and can influence changes in sound levels at large distances. These are normally short-term effects and do not provide reliable noise control. However, they help explain the variations that occur in outdoor sound propagation and measurements.

#### SOUND PROPAGATION OUTDOORS Atmospheric Effects

#### Wind Effects

A steady, smooth flow of wind, equal at all altitudes, would have no noticeable effect on sound transmission. In practice, however, wind speeds are slightly higher above the ground than at the ground, and the resulting wind speed gradients tend to "bend" sound waves over large distances. Sound traveling with the wind is bent down to earth, while sound traveling against the wind is bent upwards above the ground. The downwind and upwind effects are summarized in the next two paragraphs. Irregular, turbulent, or gusty wind provides fluctuations in sound transmission over large distances (possibly because of partial wavelength interference of various paths taken by various sound rays of the total beam). The net effect of these fluctuations may be an average reduction of a few decibels per 100 yards for gusty wind with speeds of 15 to 30 mph. However, gusty wind or wind direction cannot be counted on for noise control over the lifetime of an installation.

#### SOUND PROPAGATION OUTDOORS Atmospheric Effects

#### **Downwind Effect**

Figure 6-2 illustrates principal influence of downwind on sound propagation. When there is no wind, the principal sound arrives at the receiver by path 1. Along this path, the ground, vegetation, and trees can absorb some of the sound. During downwind conditions, however, the path 2 sound (that normally travels upward into the sky and does not return to earth) sometimes passing above the attenuating ground surfaces and vegetation, thus yielding higher sound levels to the receiver. This can occur only for relatively large distances between source and receiver (say, 1000 feet or more). In summary, downwind can reduce or eliminate some of the attenuating effects of terrain and vegetation or of solid barriers that otherwise intercept sound paths.







#### SOUND PROPAGATION OUTDOORS Atmospheric Effects

#### Temperature Effect

Constant temperature with altitude produces no effect on sound transmission, but temperature gradients can produce bending in much the same way as wind gradients do. Air temperature above the ground is normally cooler than at the ground, and the denser air above tends to bend sound waves upward, as in part A of Figure 6-4. With "temperature inversions," the warm air above the surface bends the sound waves down to earth. These effects are negligible at short distances but they may amount to several dB at very large distances (say, over a half mile). Again, little or no increase is caused by thermal gradients (compared to homogeneous air), but there may be a decrease in sound levels.



#### SOUND PROPAGATION OUTDOORS Atmospheric Effects

#### Precipitation

Rain, mist, fog, hail, sleet, and snow are the various forms of precipitation to consider. These have not been studied extensively in their natural state, so there are no representative values of excess attenuation to be assigned to them. Rain, hail, and sleet may change the background noise levels, and a thick blanket of snow provides an absorbent ground cover for sound traveling near the ground. Precipitation or a blanket of snow are intermittent, temporary, and of relatively short total duration, and they should not be counted on for steady-state sound control, even though they offer noticeable attenuation.

#### SOUND PROPAGATION OUTDOORS

#### Terrain and Vegetation

Sound transmission near the earth's surface involves essentially three components of sound paths, shown schematically by figure 6-5. The ground-reflected sound (path 2) may arrive at the receiver either in phase or out of phase with the direct sound (path 1) and can either increase or decrease the received sound level. The ground surface may be hard or soft (reflective or absorbent), and this also affects the phase and magnitude of the reflected path. Paths 1 and 2 usually determine the sound levels at the receiver, but a solid barrier or dense woods can practically eliminate these paths. In such situations path 3 may become significant. Path 3 is made up of relatively low level sound that is refracted (bent) or scattered back to earth by numerous small patches of inhomogeneous air of varying temperature, speed, direction, density, etc. Field studies show that when paths 1 and 2 are virtually eliminated, there remain sound levels that are about 20 to 25 dB below the path 1 and 2 sound levels. These are the sound levels arriving by way of the numerous paths that together make up path 3, as visualized in figure 6-5.







SOUND PROPAGATION OUTDOORS Barriers

#### **Barrier Parameters**

Figure 6-6 illustrates the geometrical aspects of an outdoor barrier where no extraneous surfaces reflect sound into the protected area. The insertion loss provided by the barrier to the receiver position is a function of the path length difference between the actual path traveled and the line-of-sight path produce large values of barrier height "h" above the line-of-sight path produce large values of the diffraction angle and large values of path length difference, which in turn provide strong shadow zones and large values of insertion loss.





Path-	Insertion Less, dB								
Length Difference,			064.949	Bard	Contes	Frage	incy, B		
G	\$1	88	125	200	500	1000	2000	4000	8008
.06	5	5	5	5	5	6	7	ß	9
.02	5	5	5	5	3	6	8		10
.05	5	5	5	5	6	7	9	10	12
30	5	5	5	-6	7	9	11	13	16
.2	5	5	6	8	9	11	<b>Ú</b> 3	16	19
.6	6	7	9	10	12	15	18	20	22
1	7	8	10	12	14	17	20	55	23
z	21	10	18	14	17	20	77	231	24
3	10	12	14	17	20	22	23	24	24
:0	12	15	17	20	22	23	24	25	24
20	15	18	20	2.2	23	24	7.4	24	24
50	18	203	23	24	24	24	24	24	24

	Octave Prequency	Xall Type									
SOUND PROPAGATION OUTDOORS Barriers	Bacd (Ez)	A	3	č	D	В	P	G			
	5.1	n	3	13	17	19	22	28			
	68	5	9	13	19	14	24	32			
	145		192	13	20	20	25	34			
	250	a	11	15	22	20	27	35			
	500	0	12	16	24	28	10	38			
	1000	0	13	17	36	23	33	55			
	200-0	0	14	18	26	30	38	-18			
	4000	0	15	1.9	.38	31	43	58			
Table 6-4 Approximate Noise Reduction of Typical Exterior Wall Constructions	\$000	ø	16	20	30	33	43	58			
	h: So well: cuteits conditions [3] Inv estatic well construction with ones vindows exwering about 90 of centeries well area. (a) for typical well construction, with well open air wetter or secur is or meteric well versi all syname closed.										
	بطنوريا ومنال الأ به مصاحبته	May typical wall construction, with clusted but typicale similars appresing should 10 000 of esterior wall area.									
	<ul> <li>approxime</li> </ul>	<ul> <li>stated gives only consciouted, 1/4 rs. gives chromoso c approximately NW of exterior wall area.</li> </ul>									
	F: Approximate visciona a	laycoclustely 20 Loffs, " solid sell constructions with no victions and as graphic or excliner.									
	<ul> <li>Approximate</li> <li>Mindows a</li> </ul>	Approximately 50 Hb/ft," solid will existence with an avoid on events or complete.									



AIRBORNE SOUND CONTROL

#### Noise Control Treatments

a.General applications. A primary objective of this discussion is to elevate the awareness of the architect and engineer to problems of noise and vibration. This is an important first step to noise control. Without awareness, the noise problem is ignored in the design, and later problems in remedial steps are compounded. In most building situations, noise control is provided by application of the basic contents of:

#### AIRBORNE SOUND CONTROL Noise Control Treatments

(1) Adequate wall and floor-ceiling constructions should be designed to contain the noise and limit its transmission into adjoining areas.

(2) Acoustic absorption material should be used in either or both the sound transmitting room and the sound receiving room to absorb some of the sound energy that "bounces" around the room. Quantitative data and procedures for incorporating sound absorption materials are included in the tables and data forms.

(3) Transmission loss data should be used to select various types of construction materials for the design of noise enclosures.

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(4) Building layouts should be modified in an attempt to redistribute noise sources in a more favorable arrangement, bring together noisy areas in one part of a building and quiet areas in a different part of the building (to minimize their reaction on one another), and use less critical "buffer zones" to separate noisy and quiet areas.

(5) Vibration isolation mounts should be used for the support of mechanical or vibrating equipment.

(6) Mufflers should be used to control noise transmission through air passageways.

(7) Duct lining treatments should be used to control noise transmission through ducted connections.

AIRBORNE SOUND CONTROL Noise Control Treatments

(8) Specifications should be used to limit the noise output of purchased equipment for use in the building.

(9) The basic elements of accustics should be understood and used in order to work intelligently with Sound Pressure Level (SPL) and Sound Power Level (PWL) data for many types of electrical and mechanical noise sources, know the effects of distance (both indoors and outdoors), appreciate the significance of noise criteria, and be able to manipulate acoustic data in a meaningful and rational way.

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b. Absorbers. Acoustical ceiling and wall panels are the most common sound absorbers. Absorbers are rated by the ratio of noise absorbed to noise impacted on the absorber's surface. A coefficient of 1.0 indicates 100 percent absorption; a coefficient of zero indicates 0 percent absorption. Noise Reduction Coefficient (NRC) is the average coefficient of sound absorption measured at 250 Hz, 500 Hz, 1 kHz, and 2 kHz. Sound absorption should be designed to absorb the frequencies of the sound striking it. For example, a transformer enclosure should have an absorption coefficient of at least .75 in the 125 Hz band (the sound of electrical hum is twice the 60 cycle powerline frequency). Auditoriums should have even absorption over a wide frequency range for a balanced reverberant sound.

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c. Enclosures. From the material given in the manual, it is possible to estimate the noise levels inside a solid-wall enclosure that contains a piece of noisy equipment and to estimate the noise levels that will be transmitted from that enclosure in to the surrounding spaces.

(1) In acoustic terms, an enclosure is considered to be an almost airtight chamber containing the noise source. Small cracks around doors are known noise leaks and cannot be tolerated if a high degree of sound isolation is required. The walls of the enclosure must be solid and well-sealed. If air can escape through the enclosure, sound can escape through the enclosure. A favorite analogy in acoustics is that sound power can pass through a 1-in.2 hole as through a 100-ft.2 6inch thick solid concrete wall. A seemingly negligible crack around a door or at the ceiling joint of a wall can have much more than 1 in.2 of area.

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> (2) Where openings in an enclosure are required, they must be given adequate acoustic treatment in order not to weaken seriously the effectiveness of the enclosure. Ventilation ducts may be muffled, clearance holes around pipes, ducts, and conduit must be scaled off airtight, and passageways for material flow must be protected with "sound traps" (mufflers).

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d. Barriers, Partial-height Partitions. Many offices, shops, and tool rooms contain barriers or partial-height partitions that serve to separate areas or people or functions. When used with nearby acoustically absorbent ceilings, these partitions can provide a small amount of acoustic separation-possibly 3 to 5 dB of noise reduction in the low-frequency region, depending on the geometry and the absorption in the area. Where noise reduction values of 20 to 30 dB are desired, partial-height partitions would be useless. A caution is offered here against use of partial-height partitions as control room separators or as small office enclosures out in the middle of an engine room or as a telephone booth enclosure in the midds of Mechanical Equipment Room (MER) noise.

#### AIRBORNE SOUND CONTROL Noise Control Treatments

e. Damping materials. Damping is the resistive force to vibratory motion. Sheet metal has low damping properties and will ring when impacted. Loaded vinyls and lead both have high mass and high damping and will thud when impacted. Loaded vinyl has replaced lead in general usage because of lower cost, and also because loaded vinyl is available in sheets with an adhesive backing. The loaded vinyl may be cut with scissors and directly applied to noisy ducts or sheet metal at a low cost, usually with good results.

AIRBORNE SOUND CONTROL Noise Control Treatments f. Combination. Combination foam absorbers and loaded vinyl barriers in sandwich type construction are available with adhesive backs, and vibrating equipment covers. Lagging is the process of applying a fibrous or porous material, such as 3-pound density fiberglass, over a noisy duct or pipe, and then covering the fiberglass with sheet metal or loaded vinyl. This method is useful on steam piping, valves, ducting, and fans. Lagging may not be used where it could cause excessive heat buildup, such as on compressors. Enclosures, made of plywood or bacter that with fiberglass with sheet metal or plymoder of the process.

sheet metal with fiberglass used as an absorber on the inside, can be effective in reducing machinery noise. Enclosures of clear plastic panels can be used where visibility is required. Ventilation should be provided on compressors or computer enclosures by installing foam or fiberglass lined duct at the bottom for cool inlet air, and at the top for hot exhaust air. Enclosures should be carefully fitted together with no gaps which could leak noise. Convenient access panels should be designed into all noise control enclosures.

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g. Mufflers. Mufflers are characterized as either "reactive mufflers" or "dissipative mufflers." Reactive mufflers usually consist of large-volume chambers containing an internal labyrinth-like arrangement of baffles, compartments, and perforated tubes. Reactive mufflers smooth out the flow of impulsive-type exhaust discharge and, by the arrangement of the internal components, attempt to reflect sound energy back toward the source. There is usually no acoustic absorption material inside a reactive muffler. Dissipative mufflers are almost entirely made up of various arrangements of acoustic absorption material that dissipates or absorbs the acoustic energy.

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h. Packaged duct mufflers. For ducted air handling or air-conditioning systems, packaged duct mufflers can be purchased directly from reputable acoustical products suppliers. Their catalogs show the available dimensions and insertion losses provided in their standard rectangular and circular cross-section mufflers. These packaged duct mufflers are sold by most manufacturers in 3-6oct. 5-foot and 7-foot lengths. They are also usually available in two or three "classes," depending on attenuation. The mufflers of the higher attenuation class typically have only about 25 to 35 percent open area, with the remainder of the area tilled with absorption material. The lower attenuation classes have about 50 percent open area, and are known as "low pressure drop units." The mufflers with the smaller open area are known as "ligh pressure-drop units." In critical situations, muffler "self-noise" may also be a problem with these duct mufflers. If high-speed air is required, the manufacturer can usually provide self-noise data. When ordering special purpose mufflers, one should specify the flow speed and the temperature of the air or gas flow, as these may require special surface protection and special acoustic filler materials.

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i. Duct lining. Duct lining is used to absorb duct-transmitted noise. Typically, duct lining is 1 inch thick. Long lengths of duct lining can be very effective in absorbing high-frequency sound, but the thin thickness is not very effective for low frequency absorption. The ASHRAE Guide can be used to estimate the attenuation of duct lining. Lined 90-degree turns are very effective in reducing high-frequency noise.

